



FIGHTING ARTS FITNESS CENTRE

**2026 JANUARY TIMETABLE
COMMENCING ON THE 6TH OF JANUARY
UNTIL THE 31ST OF JANUARY**

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STYLE	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Little Warriors (4- to 6-year-old)	5.00 PM (1 HOUR)		5.00 PM (1 HOUR)		
BEGINNER KYOKUSHIN KARATE	5.00 PM (1 HOUR)		5.00 PM (1 HOUR)		
8TH KYU TO 5TH KYU KYOKUSHIN KARATE	7.00 PM (1 HOUR)		7.00 PM (1 HOUR)		
JUNIOR KICKBOXING	5.00 PM (45 MIN)		5.00 PM (45 MIN)		
JUNIOR BRAZILIAN JIU JITSU	6.00 PM (45 MIN)		6.00 PM (45 MIN)		



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**2026 JANUARY TIMETABLE
COMMENCING ON THE 6TH OF JANUARY UNTIL THE 31ST OF JANUARY**

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STYLE	MON DAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PANTHERS KICKBOXING		7.00 PM (1 HOUR)		7.00 PM (1 HOUR)		
ADULT KYOKUSHIN KARATE		7.00 PM (1 HOUR)		7.00 PM (1 HOUR)		
BRAZILIAN JIU JITSU		8.00 PM (1 HOUR)		8.00 PM (1 HOUR)		