



Arnold Sports Festival Australia

Kyokushin Karate Championships

Frequently Asked Questions

If you have a question and you can't find the answer please email us. arnoldclassicKyokushin@gmail.com

What is the Arnold Classic or Arnold Sports Festival?

The Arnold Classic is a long running Bodybuilding competition headed by Mr. Arnold Schwarzenegger.

The competition has grown to include a multitude of sports and has spread across the globe with Sports Festivals in six Continents. In Australia, it has been known as The Arnold Classic but the overall event will be called the Arnold Sports Festival to capture the magnitude of sports involved.

The overall aim is to get people participating in sports of any kind.

Kyokushin gets to display to the massive crowds that pass through the festival each day the strength and spirit of Kyokushin.

Who can compete?

Anyone is welcome to compete from 4 years old and up.

There are divisions in both non-contact and full contact separating both age gender and rank so there is a division just right for you.

Do you have to do Kyokushin?

You do not have to train in Kyokushin Karate to compete but it is highly recommended that you are familiar with Kyokushin tournaments and the rules. In the Kata divisions only Kyokushin Katas are acceptable so the Kyokushin Judges can judge fairly.

Do you have to be affiliated?

It does not matter who your instructor is or what affiliation they are a part of, The Arnold Sports Festival Kyokushin Championships encourages participation by all clubs to showcase Kyokushin to the wider community.

How much does it cost?

There is an Early bird fee of \$100 for those that get in early. After December 2017, the full price of \$125 will apply. For Late entries in the final weeks there will be a further late fee. So, get in early.

The Registration fee covers you for entry into the event for all three days plus entry into any and all of the applicable divisions you choose. So you can do Non-Contact Kata and Full Contact with no extra charge.

How do I register?

Go to the link below, complete all the details being sure to correctly enter your weight, age and rank.

<https://form.jotform.co/62787514157868>

Be sure to enter the correct division, check it is the correct gender, age, weight, rank, and level of contact you want.

Once you have completed the form you will be required to make payment. All forms that are not fully completed will be discarded.

Can I enter more than one division?

Yes, be sure to enter all the divisions you want and you only pay once. You can enter Kata, Continuous and Full Contact.

Do I have to weigh in?

All Full Contact fighters must weigh in on the day of the competition. So, if you are fighting Full Contact on the Sunday you must weigh in on the Sunday.

Scales will be made available at the Official check in on the Thursday and each day of competition to check your weight on the official scales.

What if I don't make weight?

If you do not make weight you will be disqualified from that division. If you have weighed in early enough you may have time to drop some weight and try again. If you have not made weight by the time your division starts you will be disqualified.

Can I change details on my registration like rank or weight?

Yes, you can make changes by emailing us at arnoldclassicKyokushin@gmail.com

What are the rules?

You can download the rules from the link below. Any further queries can be directed to arnoldclassicKyokushin@gmail.com

<https://form.jotform.co/71922238609864>

How do I register for the Grand Champion division?

Only the winner of the Men's and Women's Open Rank divisions can participate.

After winning the division you will be asked if you would like to continue into the Grand Champion Division.

What Kata can I do?

You can perform any Kata that is in a Kyokushin Organisation Syllabus.

What age do you have to be to compete?

You can compete in Kata and Non Contact from 4 year old.

You can compete in Full Contact from 6 year old.

You have to be the correct age for the division you have chosen on the day of the competition.